



Official SJSM Hurricane Irma Notice: Anguilla Campus Only September 1st, 2017

Due to Hurricane Irma, currently developing in the Atlantic, SJSM has prepared a list of instructions for ALL Anguilla students to follow. As of Friday, September 1, 2017, the storm intensity and path is highly unpredictable but we will be taking precautionary measures to keep everyone well informed as the hurricane develops. The safety and well being of our students, staff, and faculty are our first and foremost priority, so please pay close attention to the instructions below:

For students currently on Anguilla or arriving by Sunday, September 3, 2017

If you are planning on being on the island during the storm and you are an MD1-MD5 student, please come to the campus at 10 am on Monday, September 4th. We will have special instructions on how to stay safe and in communication during the storm. You will be given instructions and up-to-date information on Hurricane Irma.

Anguilla has excellent infrastructures and all buildings in Anguilla are built to sustain hurricane force winds of all levels. Your safest option is to stay indoors in your apartments until the storm passes. The Hurricane Safety Checklist below includes a list of items you need to have on hand to make sure you are well prepared for and after the storm. Items like bottled water, canned non-perishable food, batteries and a radio as it is likely that electricity will go out. Please see the attached document.

For All Anguilla students (MD1-MD5), staff, and faculty

Please note that the campus will be open on Monday, September 4, 2017, for the special orientation mentioned above and then will remain closed until Monday, September 11, 2017. During the closure, students are encouraged to visit the following locations for up-to-date information.

- The SJSM Facebook page: <https://www.facebook.com/mdsjsm/>
- The Student Portal course on MySJSM: <https://www.sjsm.org/mysjsm/login/>
- Your school email account
- Local campus based notification boards
- Local radio stations

As of now, school operation will resume on Monday, September 11, 2017, for MD1 when we will have our **official orientation for the MD1 class**. MD2-MD5 will reopen on **Tuesday, September 12, 2017, at 8 am**. We have cancelled the retake exam date and have not finalized new retake schedules so please check the Student Portal on MySJSM for the latest information. Please note that this delay may impact your class schedule and the length of the semester, but nothing has been finalized at this point. The Chicago office of SJSM will be closed on Monday in observation of the Labor Day holiday but will open on Tuesday, September 5th. We like to apologize for any inconvenience this may have caused.

These changes are for Anguilla Campus ONLY and do not have any impact on SJSM's Orientation on the St. Vincent Campus which will be on September 4, 2017 at 10 AM, with the first day of classes as scheduled on September 5th.



Hurricane Safety Checklists

It is very important to prepare yourself for any storms especially now that we are into hurricane season. A hurricane preparedness list is provided below with important points that should be followed, that can help ensure your safety during the possible passing of a hurricane.

You should stock six basics for your home: water, food, first aid supplies, clothing and bedding. Keep the items you would most likely need during an evacuation in an easy-to carry container. Possible containers include a large, covered trash container, a camping backpack, or a duffle bag.

Food and Water

Water

- Store water in plastic containers such as soft drink bottles. Avoid using containers that will decompose or break, such as milk cartons or glass bottles. A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double that amount.
- Store one gallon of water per person per day.
- Keep at least a three-day supply of water per person (two quarts for drinking, two quarts for each person in your household for food preparation/sanitation).*

Food

Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, preparation or cooking, and little or no water. If you must heat food, pack a can of sterno. Select food items that are compact and lightweight. Include a selection of the following foods in your Disaster Supplies Kit:

- Ready-to-eat canned meats, fruits, and vegetables
- Canned juices
- Staples (salt, sugar, pepper, spices, etc.)
- High energy foods
- Vitamins
- Comfort/stress foods



First Aid and Non-Prescription Drugs

First Aid Kit

Assemble a first aid kit for your home and one for each car.

- (20) adhesive bandages, various sizes.
- (1) 5" x 9" sterile dressing.
- (1) conforming roller gauze bandage.
- (2) triangular bandages.
- (2) 3 x 3 sterile gauze pads.
- (2) 4 x 4 sterile gauze pads.
- (1) roll 3" cohesive bandage.
- (2) germicidal hand wipes or waterless alcohol-based hand sanitizer.
- (6) antiseptic wipes.
- (2) pair large medical grade non-latex gloves.
- Adhesive tape, 2" width.
- Anti-bacterial ointment.
- Cold pack.
- Scissors (small, personal).
- Tweezers.
- CPR breathing barrier, such as a face shield.

Non-Prescription Drugs

- Aspirin or nonaspirin pain reliever
- Anti-diarrhea medication
- Antacid (for upset stomach)
- Laxative

Tools and Supplies

- Mess kits, or paper cups, plates, and plastic utensils
- Emergency preparedness manual
- Battery-operated radio and extra batteries
- Flashlight and extra batteries
- Cash or traveler's checks, change
- Non-electric can opener
- Tape
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers



- Paper, pencil

Sanitation, Clothing and Bedding

Sanitation

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid

Clothing and Bedding

Include at least one complete change of clothing and footwear per person.

- Sturdy shoes or work boots
- Rain gear

Special Items

- Heart and high blood pressure medication
- Insulin
- Prescription drugs
- Denture needs
- Contact lenses and supplies
- Extra eye glasses

Possessions and Documents

- Keep these records in a waterproof, portable container:
 - Will, insurance policies, contracts, deeds, stocks and bonds
 - Passports, social security cards, immunization records
 - Bank account numbers
 - Credit card account numbers and companies
- Inventory of valuable household goods, important telephone numbers
- Family records (birth, marriage, death certificates)
- Ask your physician or pharmacist about storing prescription medications.



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Communication

- When available please always check school email & MySJSM
- Local radio station listing (FM Band)
 - 95.5 Radio Anguilla** (government radio station)- We will send announcements issued by Saint James school of Medicine via this radio station.
 - 92.9 Klass FM**
 - 97.7 upbeat Radio**
 - 103.3 Kool FM**
- **At the school after the all clear has been given.**