



## NOVEMBER NEWSLETTER - 2019

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In this season of thankfulness, we are grateful to all the students, staff and faculty of SJSM for your continued support.  
Warmest wishes to you and your family.

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### **SJSM Helpdesk**

We are happy to introduce the new SJSM Helpdesk which will be a one stop service to address all your issues related to different departments like:  
Registrar (New), Finance, IT

### **Student Computer Requirement**

Starting Spring 2020, all Basic Science students will need a laptop so they can take exams.

The detailed list of minimum and recommended requirements for the

This can be found on our website under “Resources” <https://www.sjsm.org/resources/helpdesk/>. Please submit a ticket for all issues. This ensures that your question is answered promptly and it will also maintain a record of your request.

laptop can be found on the student portal.  
<https://www.sjsm.org/wp-content/uploads/2019/11/STUDENT-COMPUTER-REQUIREMENTS.pdf>

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## **Tuition Reminder**

Please remember the tuition for the Spring 2020 semester is due by **Dec 6, 2019**. You can see the status of your financial account or make a payment by going to the new student [portal](#). If you need assistance or if you would like to be placed on a payment plan, please contact our finance department using the [helpdesk](#) feature. If you already know that you will be requiring a payment plan, please do not wait until the last minute before tuition is due to request your plan. The first \$200 late fee will be assessed on **December 7, 2019**. A second late fee will be assessed on **December 27, 2019**. Please note that it is right after the Christmas holiday, so please plan accordingly.

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## **ACP Residents and Medical Students Day**

Our students were once again selected to represent Mercy Hospital Medical Center—and of course, Saint James School of Medicine—with two oral clinical vignettes at the ACP Residents and Medical Students Day 2019, held on October 23, 2019 at University of Illinois, Chicago.

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## **SJSM students fighting physician burnout**

On Oct 4, 2019, our students (Michael Fahmy, Cassidy and Tiffany McCausland and Jessica Watterson) attended the Canadian Conference on Physician Health to present their research titled “ *Reducing Physician Burnout in the Canadian Healthcare System; Control and Flexibility in Training and Practice.*” Their research led to an idea that was further developed into a framework for clinics and hospital networks to utilize in reducing physician burnout.

The Canadian Medical Judicious Training Program (CMJT) is their way of improving and reducing physician burnout in Canada. The causes of burnout led them to create a few main domains designed to make changes on an organizational and personal level. Discussions with the Canadian Medical Association began and progressed to further implement their framework on a clinic in need. Another meeting is scheduled for December and the implementation process will move forward!





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### Merry Medical Christmas – Orphanage visit (SVG)







Our students once again visited the St. Benedict orphanage house on SVG and conducted physical examinations of children and played with them. However, this time they surprised the kids by donating toys, candies and snacks since Christmas was approaching. There were a lot of presents handed out in addition to the donations. These presents were as per the wish list of the children, so they were all very thrilled.

The students were welcomed by Sister Nyra Anne, who looks after the children with the help of two young women. AMSA and the SJSM Bible Study Community, along with several other students and faculty, also donated some money to the orphanage house.

Thank you to AMSA leaders *Tyra Batti* and *Natasha Amin*, other AMSA participants, and the SJSM Bible Study Community led by *Akwasi Berko* and *Edith Berko* for making a difference and bringing a smile to every child's face in the orphanage house.



## Science Day (SVG)

Nov 25, 2019: The Science Day was a great success! We had 10 groups and excellent presentations where the students were representing their research work and efforts. It was tough for the judges to make a decision, hence the second place was shared by 3 groups and the third place was shared by 2 groups.



*1st place winners: Harman Gill, Mirna El-Dirani, Sydney Obeng  
The Correlation between Caffeine Intake and Sleeping Patterns among SJSM Students*



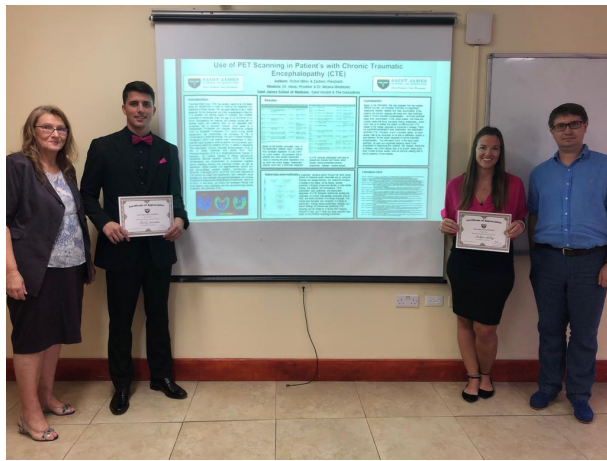
*2nd place winners: Andrew Winfield, Tyra Bateau, Kareem Council, Sanket Chaudhari  
CRISPR Genome Editing Methods and Technical Challenges; A Narrative Review*



*2nd place winners: Alexander Tritschler, Mohamad Dimassi, Suraj Dave, Omar Dimassi  
A Cross-Sectional Study on Vaccinations: The General Population's Awareness and Compliance of Current Vaccination Schedules*



*2nd place winners: Tiffany Edwards, Toni Anderson  
Factors Influencing the Sensation of Eye Pain*



*3rd place winners: Zach Wierzbach and Robyn Milloy*  
*Use of PET scanning in Patients with Chronic Traumatic Encephalopathy (CTE): A Narrative Review*



*3rd place winners: Chelsey Pizano, Natasha Amin, Carina McIntosh, Dar Kreimer*  
*The Effects of Diet and Exercise on Female Infertility: A Comparative Study in Conjunction with Socioeconomic Variation*