



OCTOBER NEWSLETTER - 2019

Residency Preparation:

Residency interviews are underway and applicants are busy making travel plans to attend interviews, and in some cases, are done with a few already. These are exciting times, but stressful at the same time. To help prepare, check out the MySJSM-Clinical portal for links to webinars that may help you for upcoming interviews. If you no longer have access, you can view most of these resources on our Residency page

<http://www.sjasm.org/clinical/residency/>.

Additionally, please email the Clinical Department if you get any pre-Match offers in order to expedite completion of the residency program's required documentation. Lastly, feel free to drop an occasional email to the Clinical Department with the places you are interviewing at. This is helpful for us to know for future classes of applicants.

Finance Announcement:

We would like to thank you for choosing SJSM to further your education and career goals. As we complete our 20th year, we continue to strengthen and enhance our medical program. We are proud of all of our achievements and we are excited about the prospect of 2020 and the years ahead. As we plan for the next year, we are highlighting some of the significant changes that have taken place thus far.

- Dual accreditation
- New hospital affiliations
- Student USMLE counselling program
- Improved student information system

- New Clinical website (MySJSM-Clinical)
- Improved technology and resources, such as our virtual dissection tables
- Highest Residency matches in 2019
- Introduction of optional CS Training workshops

We expect many more changes to come in the following months. We look forward to improving and growing our school and seeing our students achieve success.

The SJSM Executive Committee has reviewed the current school operations, and compared our tuition against other accredited Caribbean medical schools to guarantee that we ensure the most competitive tuition possible. In order to continue to provide an excellent learning experience, we have had to increase tuition and fees nominally.

Despite this increase, we still remain one of the most competitively priced accredited Caribbean medical schools, and in most cases our tuition remains significantly lower than comparable schools.

The tuition* changes are effective for the Spring 2020 term and are as follows:

- Basic Science Anguilla: \$8,600
- Basic Science St. Vincent: \$6,650
- Clinical Sciences: \$9,850

**For a complete breakdown of fees please refer to 2020 Student Catalog.*

The invoices for the **Spring 2020** semester were issued in the last week of October. The due date for these invoices will be **December 6, 2019**. We ask our students to please submit finance tickets to request payment plans before this date. If you already know that you will require a payment plan, please do not wait until the tuition due date to request your payment plan. For invoices that are unpaid by the due date, the first late fee will be assessed on **December 7, 2019**. The second late fee will be assessed on **December 27, 2019**. Please note that the second late fee is assessed right after the Christmas holiday, so please plan accordingly.

Financial Aid Process:

We offer several types of payment options.

Please visit <https://www.sjasm.org/financial-assistance/apply-loans/> to access information regarding the loan process. We also offer student payment plans where students sign an agreement which will allow them to make monthly payments over a 4 month period, interest free. To set up a payment plan please submit a Finance Ticket

<https://www.sjasm.org/resources/financial-assistance/> to the finance department before the tuition due date. We offer a variety of student scholarships, as well as tutoring credits.

Please visit the school's website for other important information.

SVG – AMSA Event:



AMSA SJSM offered a workshop on phlebotomy and IV on October 29th, 2019. There were about 25 students in training to do venipuncture. It was a great hands-on experience for the students. They used artificial arms, some provided by our PDCM lab and other equipment's like needles, syringes and artificial blood provided by AMSA. Our very own, Dr. Dusic was the Advisor of the entire session.

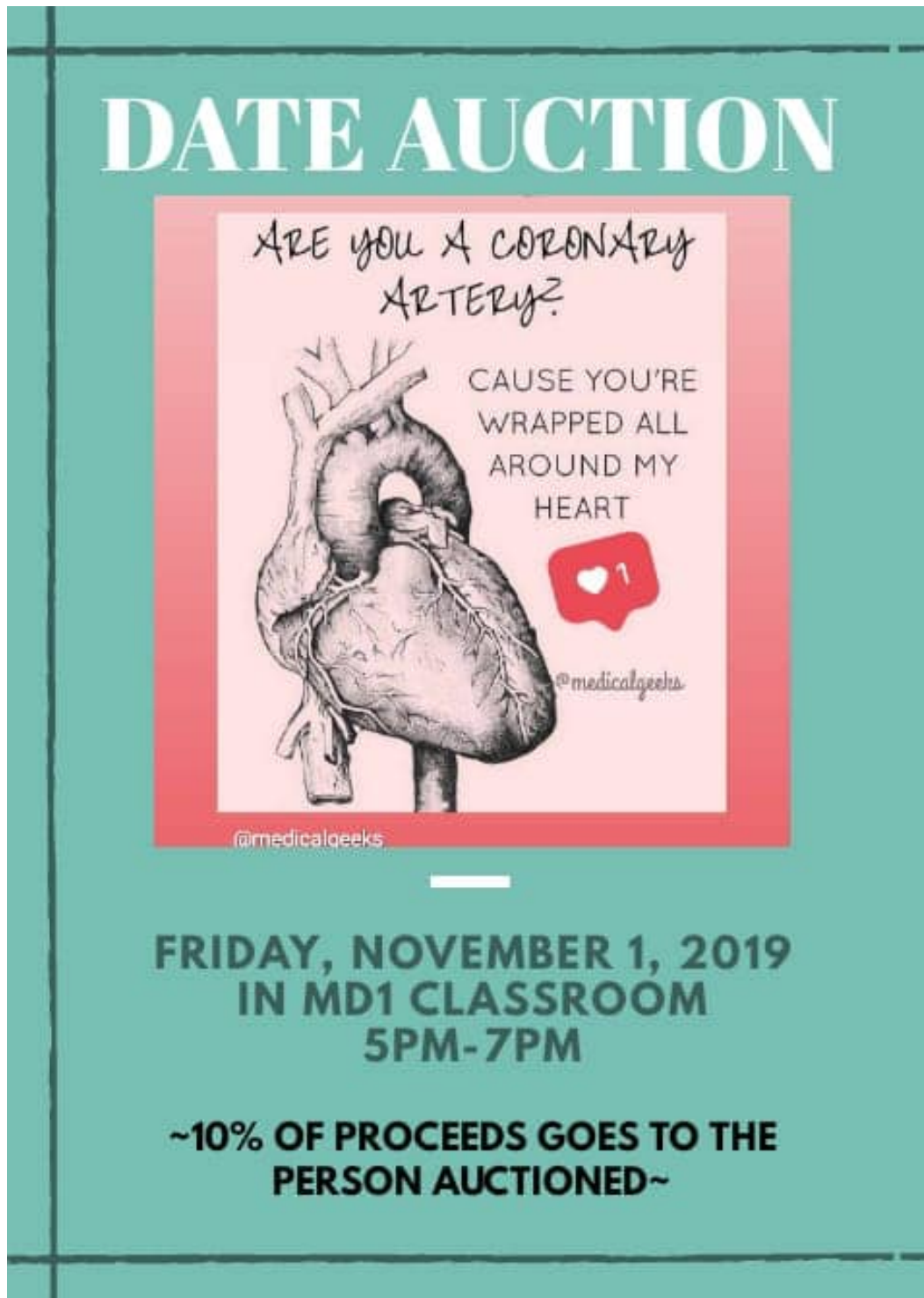
Medbullets:

www.medbullets.com is a free source that students can access and get information on topics and systems pertaining to the USMLE Step 1, Step 2, and step 3. The information is in bullet form with excellent explanations on pathology, pharmacology, microorganisms, lab examinations, signs and symptoms, physical exam findings, images on pathology, prognoses, biochemical pathways, and everything in between.

The resource is very user friendly and very helpful in bringing information together while studying. All of the important subject information is outlined and the high yield information

is highlighted in blue. It really helps with studying and fine tuning the details in preparation for each course or exam

SVG Auction:



DATE AUCTION

ARE YOU A CORONARY ARTERY?

CAUSE YOU'RE WRAPPED ALL AROUND MY HEART

@medicalgeeks

**FRIDAY, NOVEMBER 1, 2019
IN MD1 CLASSROOM
5PM-7PM**

**~10% OF PROCEEDS GOES TO THE
PERSON AUCTIONED~**

The poster features a central illustration of a human heart with its major arteries and veins. The text is arranged around the heart, with a pun at the top and a social media handle below. The background is a teal color with a white border.

In order to raise funds for the White Coat Ceremony, MD5 students held an auction on Nov 1, 2019. Thank you to everyone who came out.

Predatory Publishing:

Be aware of predatory publishing! Predatory publishing is a very common publishing business model these days. It involves charging publication fees to authors, without checking the quality and legitimacy of articles, without peer-reviewing articles and without providing editorial and publishing services that legitimate journals do. Do not be tricked into publishing with them. Not only that you will pay high fees, but any association with “predatory” publishers or journals may damage your credibility.

If you want to publish a paper, you may contact the SJSM librarian and he will advise you about the status of the journal you picked up.

Congratulations David Perkins:



Every year, internists from northern Illinois region convene for the annual ACP (American College of Physicians) resident's and a medical students' day. This is a day when posters, oral clinical vignettes and doctor's dilemmas are shared with the peers. We would like to congratulate our student, **David Perkins**, for his poster presentation: Toxic Cascade Causing Diabetes Mellitus Type 1: a case report. Mr. Perkins participated in the ACP conference at the University of Illinois, Chicago, held on October 23rd this year.

Virtual Reality:



The face of education, like the face of medicine, is constantly changing. Saint James School of Medicine is experimenting with some Virtual Reality (VR) viewers. With the help of your phone and an app, you can get a VR experience. There are several medical apps available, for example, you may look for “VLIPPmed” in your app store (see vlippmed.com for more information). Another one is “Anatomy VR,” see <https://anatomyou.com/en/>, a VR app developed in collaboration with surgery professors to provide an immersive experience for minimally-invasive procedures.

Family Medicine Midwest 2019 Conference



2019 Conference

November 8-10, 2019

NORTHERN ILLINOIS
UNIVERSITY
CONFERENCE CENTER
NAPERVILLE, IL

**THE
FUTURE
OF
FAMILY
MEDICINE
TODAY**

Workshops & seminars
on family medicine
options

Inspiring plenaries &
breakouts for faculty,
residents and students

Residency Fair with
programs from across
the Midwest



Experience the joy, diversity, value and impact of family medicine. Gain hand-on experience with clinical procedures. Learn about the opportunities and challenges of caring for patients of all types in all places, in a changing environment. Dispel myths, get answers and have FUN! Visit with dozens of Midwestern family medicine residency programs under one roof to explore all that Midwest Family Medicine can offer! Find a residency program, find a mentor, find a friend! Find your Family Medicine! For details, please visit <https://www.iafp.com/family-medicine-midwest-conference>